



# THE SKILLED STUDENT INITIATIVE™

## Beating Procrastination

1. Always remember: “\_\_\_\_\_” is not a time.
2. Visualize \_\_\_\_\_.
3. \_\_\_\_\_ for ACTION!
4. Create a \_\_\_\_\_ plan with  
specific \_\_\_\_\_ and \_\_\_\_\_.
5. \_\_\_\_\_ yourself after accomplishing a \_\_\_\_\_.

Ideas for rewards that would motivate me include:

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